



Whitman forced to #apologize

CONTROVERSY

Deputy mayor says his tweets 'were rude, they weren't kind'



Zane Woodford
Metro | Halifax

After more than three hours of debate behind closed doors during Tuesday's marathon meeting of regional council, deputy mayor Matt Whitman was forced to apologize for comments he made on Twitter earlier this month.

"They weren't appropriate, they were rude, they weren't kind, and my colleagues have found that they weren't respectful for someone in my position as a regional councillor and a deputy mayor," Whitman said Tuesday night after council directed him to issue an apology.

"I'm sorry for the people I would've offended or hurt by saying what I said."

Mayor Mike Savage's office received two separate letters last week from people wishing to launch formal complaints against Whitman for a Feb. 9 tweet criticizing an RCMP officer for ticketing one of his constituents.

"Very disappointed in the #RCMP officer who ticketed a Kingswood 4 wheeler with a plow S406 for tidying up his culdesac," Whitman tweeted,



Deputy Mayor Matt Whitman sits in council chambers on Tuesday morning. JEFF HARPER/METRO

followed by the hashtags #PowerTrip and #GetALife.

"It was inappropriate," Whitman said Tuesday. "The two hashtags in particular were rude, and offended people."

Scott Warnica is the RCMP officer who wrote the ticket. He sent the first complaint letter to the mayor's office, calling on Savage to investigate whether

Whitman's online comments violated the code of conduct for regional councillors.

Warnica told Metro last week he wanted an apology from Whitman.

"To me he doesn't represent what I want in a councillor and certainly not what I expect out of a deputy mayor," Warnica said.

"I think this process if nothing else will make him stop and think about exactly what he's tweeting and exactly what he's doing in the future. I am trying to modify his behaviour."

Whitman said Tuesday he would be changing the way he uses social media.

"I will think twice before I type," he said.

"I just have to be cautious that I say and do and tweet the right things."

Council debated the issue in camera for more than three hours of its 11-hour meeting on Tuesday.

Whitman said every councillor wanted to share their point of view on the issue, leading to "a real conversation that

One of my tweets in particular had two hashtags that were **disrespectful and offended several people** including citizens, including police, and including some of my colleagues.
Matt Whitman

Council finds that the social media communications of the deputy mayor **did not show the respect expected of a public official.**
Coun. Russell Walker when directing Whitman to apologize

needed to be had" about the municipality's code of conduct.

"Code of conduct is something we could look at more often," Whitman said, adding that he thinks a social media policy should "grow out of that."

Mayor Savage left city hall quickly after the meeting without commenting.



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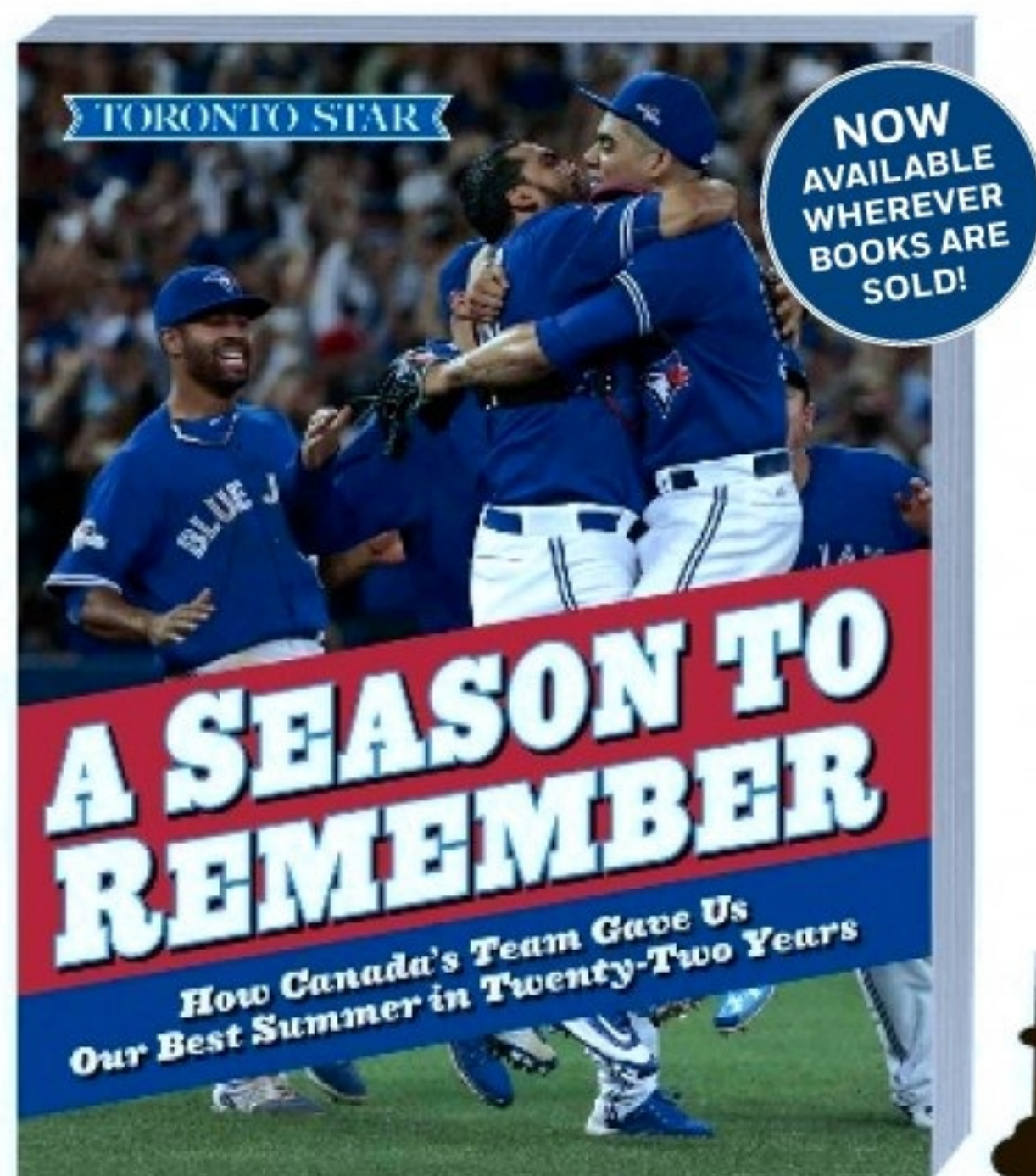
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'Cash mob' rescues comic shop

CULTURE

Superheroic local effort raises \$5K to prevent closure



Yvette d'Entremont
Metro | Halifax

A Feb. 13 "cash mob" organized to help a well-loved Lower Sackville entrepreneur has raised more than \$5,000 and ensured the business will live to see another day.

Jay Roy opened Sackville's Cape & Cowl Comics and Collectibles more than a year ago.

From the beginning his shop was more than just a store. It was a community space that welcomed everyone. A storyteller group, parent and baby drop-in group and video club meet-up are just a few that use the space.

When it's not being used for any organized activities, his shop is open to anyone who wants to drop in.

Youth often stop in to play board games, watch television or read comics and books set aside in the cosy space. Roy knows at least 45 nearby junior high students on a first-name basis because they often drop by over their lunch hour.

"It's all about creating spaces where no matter what you like, you are not going to be bullied here," he said.

So when things got tough in January, it didn't take long for people to rally to his aid.

"I don't like to give out too much information to my Face-



Jay Roy, owner of **Cape & Cowl Comics and Collectibles**, holds a replica of Captain America's shield at his Lower Sackville store on Tuesday. JEFF HARPER/METRO

book friends for example, but I sort of had a moment in which I posted on there that if February went as January did (for sales) it might produce a closing sale in March," Roy said.

"Quite a few people responded to that because I think

quite a few people like the shop."

Local teacher Jennifer Welcher was one of those who like and support the shop. She organized the "cash mob," a one-day event designed to draw people into the store.

More than 1,400 people were

invited to the event via Facebook, and within two days more than 100 committed to going.

By closing time on Feb. 13, hundreds had crammed into his shop and spent more than \$5,000, more than doubling his

best ever sales day of \$2,000.

"I'm not naïve. I know I support the community and the community supports me.... There are no words to express

how overwhelmed I was," Roy said.

"I'm from here, I grew up here, and even though I've transitioned from female to male and actually changed names, people still know me because I've never gone away."

U.S. ELECTION

Move to Cape Breton if Trump becomes president: Website



Haley Ryan
Metro | Halifax

One man is urging anyone complaining about Donald Trump to put their "money where their mouth is" — by picking up and moving to Cape Breton.

Rob Calabrese, a radio host in Sydney, said he launched "Cape Breton if Donald Trump Wins" as a joke after watching the American election closely, including debates and Trump's controversial stances on banning

Muslims from the country as well as building a wall on the Mexican border.

"There are others that share the stage with him that are also alarming, but I just didn't have enough room in the website title," Calabrese said Tuesday over the phone.

"He is the scariest, and he's the most well known."

With Cape Breton's "severe population problem," Calabrese said frustrated U.S. citizens could be interested in the island's natural beauty, friendly neighbours, health care, and

very affordable homes.

Every time there's an election in the United States, Calabrese said a group of people, usually Democrats, say, "That's it, I'm moving to Canada."

"Put your money where your mouth is, come," he said.

"There are millions of people on this continent that if they knew about the lifestyle of rural Nova Scotia and Cape Breton would think, 'Do

you know what, that's for me.'"

While Calabrese said he might make another site urging Toronto or Vancouver residents to come to Cape Breton for the cheap housing, he could throw out mainland Nova Scotia as a destination — but not Halifax.

"I would gladly advise any other county except HRM on what to do. You guys have plenty going for you," Calabrese laughed.

The site has attracted over 10,000 hits, Facebook shares, and lots of media attention including The Huffington Post since launching Monday, he said, including real requests from Americans wanting to know about immigration procedures and the economy.

Calabrese said he's glad to respond with an answer or another "human being" who can help, rather than just pointing them towards a website.

"We're all going down together, so we all need to do our part," he laughed.



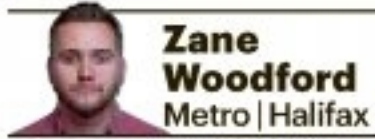
Donald Trump at a campaign stop in South Carolina on Monday. THE ASSOCIATED PRESS

“He is the scariest, and he’s the most well known.”

Rob Calabrese

DRESDEN ROW DEVELOPMENT

HRM council denies appeal, OKs project



Zane Woodford
Metro | Halifax

Despite an appeal from people in the neighbourhood, Halifax regional council voted Tuesday to uphold a design review committee decision to approve a Dresden Row development.

Four people who live near W.M. Fares Group's proposed Margaretta building at 1447 Dresden Row appealed the design review committee's December decision to allow the nine-storey, mixed-use development, bordering the community of Schmitzville.

"There are a lot of key, valid points that are being totally ignored in all of this," said Christopher Breckenridge, who spoke on behalf of C. Lillian Breckenridge, one of the appellants, on Tuesday.

In a letter to the municipality, the appellants say the "overall mass and architecture of the building" doesn't fit the area, arguing it would be "dwarfed by the structure and will have

lost both connectivity and human scale."

The appellants also argue the wind impact study undertaken by the developer failed to take into consideration other new developments in the area, like the Margaretta's sister building, the Mary Ann.

The letter also expresses concerns about potential loss of parking, fire hydrants and power lines in the area based on the artist's rendering, and about permanent benches that they say "will only encourage negative activity in the evening and block a clear path for disabled pedestrians."

Lastly, the appellants were concerned about noise and air pollution and construction timelines gone awry, based on their experiences with the Mary Ann building.

"The Mary Ann development has been nothing but a nightmare for us from the perspective of construction and everything else," Breckenridge, who lives on Clyde Street, said after the meeting.



An artist's rendition of the Dresden Row development. HANDOUT

LOCAL DECISIONS

'Parking lot' items parked

Halifax regional council's committee of the whole showed some restraint Tuesday, voting to keep the items in its budget "parking lot" off its 2016-17 budget.

The "parking lot" is made up of items on which the committee deferred its decision.

This year, there were three: the extension of weekly green bin collection until the end of September, the extension of weekly blue bag collection year-round, and an increase to volunteer firefighter honorariums.

Any of the three would've resulted in a tax hike for homeowners and commercial taxpayers ranging from \$1.60 to \$6.60 for the average homeowner, and \$10.60 to \$44.20 for the average commercial taxpayer. METRO

Firm awarded contract for ferry guards, fare collectors

Halifax regional council voted Tuesday to award a three-year contract for security and fares collection at three Halifax Transit ferry terminals to Independent Security Services Atlantic Inc.

A June 2015 request for proposals yielded bids from nine companies, and ISSA's bid came out on top.

The \$1,085,952 breaks down to \$361,984 annually, and according to a staff report, the company's "guards are expected to collect fares, issue transfers and keep a count of passengers for each ferry trip" at ferry terminals in Halifax, downtown Dartmouth and Woodside.

ISSA held the last contract for the service as well, ending in May 2015.

METRO



The waterfront Stillwell Beer Garden will be taken over by the Stubborn Goat, which on Tuesday won a three-year licensing agreement from the Waterfront Development Corporation for a food and beverage venue. METRO FILE

Gastropub granted waterfront tender

SUMMIT AMPHITHEATRE

The Stubborn Goat will place 'emphasis on the food game'



Haley Ryan
Metro | Halifax

After huge crowds flocked to Stillwell's Beer Garden on the Halifax waterfront last summer, another local business is taking over the space.

Following a tender competition, on Tuesday the Stubborn Goat Gastropub was granted a three-year licensing agreement by the Waterfront Development Corporation for a food and beverage operation at the Summit Amphitheatre on the Halifax boardwalk.

"Our plan is to have some fun with it, make the Waterfront (Development Corporation) proud for their choice

and really showcase to Nova Scotia tourists the best that we have to offer," Stubborn Goat co-owner Geir Simensen said Tuesday.

"We're very honoured." Exactly what the venue will entail is still being "tightened up," but Simensen said they'll have "garden-style seating" with one side having table service, and the other for those who want to drop in.

There will be only Nova Scotian wine, beer and possibly spirits, as well as dishes made with local ingredients and a "strong emphasis on the food game," Simensen said.

There will also be no more portable washrooms, Simensen said, since they're installing running water in structures thanks to the investment possible with a three-year term.

Jennifer Angel, acting CEO of the Waterfront Development Corporation, couldn't comment Tuesday on why the Stubborn Goat's bid came out on top in evaluation criteria that included concept, expertise and experience of the proponent, as well as the financial capacity and rent proposal, but said she's excited to see how it comes together.

Last year's operation existed as a pilot project, with Stillwell testing the waters for commercial success, Angel said, but they were not chosen to keep going.

"They had a great idea and

+ BEER GARDEN MOVING ON

Stillwell 'disappointed' but continues planning ahead

Stillwell might have lost the beer garden bid, but fans of the Halifax bar may still get an outdoor experience this summer.

Chris Reynolds, Stillwell co-owner, said the business would have loved to have a three-year licence for the waterfront to put in more permanent infrastructure but they are moving on.

"It was a super-unprecedented project," Reynolds said Tuesday.

"Definitely a bit disappointed on that, but at the same time the waterfront wasn't perfect for us."

The Waterfront Development Corporation "knows what they're doing" and he has no

complaints about the tender process, Reynolds added.

The Summit Amphitheatre won't be exactly the same experience with the Stubborn Goat, Reynolds said, adding it may be better — but "we're going to do our own thing."

"I'm sure it will be very fancy. It will be the Taj Mahal of outdoor venues," he said.

Reynolds said Stillwell had been imagining a beer garden in some form since 2013, and has a shortlist of roughly six places now, including two on the waterfront.

Every option is different, Reynolds said, and an announcement on where Stillwell is headed will come in the next few weeks. METRO

we were very proud to partner with them, and I'm sure their next big idea will be nothing short of incredible," Angel said.

The corporation is now working on a master plan for more activities, entertainment, business possibilities and public spaces on the waterfront with the aim of "doing something new and exciting," Angel said.

Targets for construction on

any projects would begin fall 2016, meaning possible occupancy in spring 2017, she added.

Haligonians have always been proud of the waterfront, and Simensen said although local business interest has always been there, it's nice to see opportunities finally opening up.

The Stubborn Goat venue is aiming to open May 15.

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Driver in 'indescribably tragic' crash gets jail time

COURT

Truck slammed into minivan on Highway 101, killing boy, 6

Carole Morris-Underhill
Hants Journal

With a Punjabi interpreter relaying his words, the truck driver convicted of dangerous driving causing death and dangerous driving causing bodily harm expressed remorse for his actions.

Mohammad Younus, 61, of Hamilton, Ont., was driving a transport truck that caused the July 9, 2013, accident that claimed the life of six-year-old Evan Servaes and seriously injured his friend, the seven-year-old daughter of Renee and Ian Dawson.

Younus took the opportunity to speak during his sentencing. The father of six children stood at the side of the court and, after thanking the judge, his defence lawyer and the Crown prosecutor, asked for forgiveness.

"I ask forgiveness from the victims' family and I ask forgiveness from God as well," the interpreter said on Younus' behalf.

In Windsor court on Tuesday, Judge Claudine MacDonald accepted the joint recommendation to impose 28 months of jail time for each count, to be served concurrently, in a federal prison. She also imposed a



Mohammad Younus leaves court in this file photo. Inset: Evan Servaes. TC MEDIA; INSET: HANDOUT

seven-year driving prohibition, a 10-year firearm prohibition and a secondary DNA order. The judge also fined Younus \$400.

"As a father of six kids and a grandfather to one, I'm sure you understand when I say that it is every parent's worst nightmare that something bad will happen to their child," said MacDonald.

At the sentencing hearing, MacDonald said the crash was tragic and preventable.

"It's indescribably tragic," said MacDonald, pausing for a moment. "And what's so, so troubling is that it was entirely preventable. Had you paid attention, had you slowed down — you had a clear view for 400 metres, you very easily could have braked in time and would never have driven into the back of the Dawson vehicle, with such tragic consequences."

During the trial, the court learned that Younus' 18-wheeler, which was travelling about 105 kilometres per hour in a 90 km/h zone, slammed into a minivan that had stopped for construc-

tion on Highway 101 near Falmouth. The van then collided with a motor home towing a vehicle. During the collision, Servaes was thrown from the minivan and died in the hospital the next day, which was his sixth birthday.

Crown prosecutor Bill Fergusson said three years was typical for this type of offence. "No matter what penalty is imposed, one cannot impose a sentence that in any way reduces the effect upon the victims," said Fergusson.

A summary offence ticket that alleged Younus altered his log-

+ REACTION

Sentence is appropriate, victim's father says

Tom Servaes, the father of the boy who died in the crash, told the Hants Journal that he didn't file a victim impact statement as it became an overwhelming emotional experience.

Servaes said within the constructs of the current legal system, the sentence seemed appropriate.

"The judge came to the best professional outcome within the criminal justice system. Unfortunately for everybody involved, that is not going to help the victims other than we can stop thinking about that part of the story," said Servaes. "But, that would have been no different if he had been found not guilty or if he had received a sentence that was 10 times longer."

books was dismissed as MacDonald said there was insufficient evidence.

Chris Manning, Younus' lawyer, also requested the judge consider endorsing the warrant of committal, which could allow his client the chance to serve his time in an Ontario jail.

"I'm fully aware your Honour has no jurisdiction to order where Mr. Younus serves his sentence," said Manning.

The judge said while the decision is ultimately up to correctional services, she would include her recommendation in the paperwork.

POLICE

No body found in ruins of Glace Bay fire

Investigators have found no trace of human remains in the rubble of the former Billy D's nightclub.

The vacant building located at 628 Main St. was gutted in a major fire that began Friday evening.

The club, also known as the Guildwood, had been closed for several years but police believed that a homeless man may have been inside the structure at the time the fire was reported.

However, police investigators have completed their search of the fire scene and are now reporting that no remains were found.

The boarded-up building had no power source. It was billowing heavy black smoke and fire from the back of the building by the time the Glace Bay volunteer fire department arrived on scene.

Nova Scotia Power cut electricity to a large part of Glace Bay, including the hospital, for four to five hours because the fire was getting dangerously close to high voltage power lines, Glace Bay fire Chief John Chant said.

The investigation into the cause of the fire will continue.

TC MEDIA



A former nightclub was razed in a fire Friday night. TC MEDIA

“It was entirely preventable. Had you paid attention, had you slowed down.” Judge Claudine MacDonald

CULTURE

Cape Breton alcohol policy could mean end of 'Happy Hour'

Archdeacon Brenda Drake chuckles when she describes what has become a traditional sendoff for the dead in the Cape Breton community she has ministered to for the last dozen years.

Funeral after funeral, the Anglican church leader says she has watched mourners tuck miniature bottles of booze, pints and even cases of beer into caskets in plain sight.

"I would love to know how much liquor is buried in Cape Breton because almost everybody goes with a bottle!" she said with a laugh, adding that

she often receives bottles and liquor store gift cards from congregants.

"They may do that in other places, but they don't do it right in front of the minister.... It's just so acceptable that it's become normal. We don't even realize that the rest of the world isn't the same as us."

The story highlights a problem that has troubled the small island for decades. Now municipal politicians, police and health-care workers are trying a unique strategy aimed at curbing a culture of heavy drinking that has yielded the

inglorious catchphrase, 'Cape Breton drunk.'

Samantha Hodder, a mental health and addictions specialist with the Nova Scotia Health Authority, led a study into alcohol consumption in Cape Breton and has drafted a municipal alcohol policy that is expected to be adopted by council next month.

Hodder wants to change the acceptance of heavy drinking with policies that would designate some municipal facilities and events as alcohol-free, prohibit alcohol ads at family-oriented events, not allow alcohol companies to have naming

+ THE STATS

Over half the population of people aged 20 to 34 in Cape Breton said they drank heavily in one month, compared to the national average of 34 per cent, according to Statistics Canada in 2013.

rights to municipal facilities and end "Happy Hour" and "last call."

She says the policy, if accepted, would beef up the

enforcement of existing liquor licensing regulations that forbid drinking in places like dressing rooms, baseball fields and parks on municipal land.

Overall, she says the messaging around alcohol needs a wholesale change in Cape Breton, which has some of the highest rates of heavy drinking in the country.

"We do not need to be exposing our children to these sorts of alcohol-related ads," she said. "We know that that plays a significant role in the emergence of the culture around alcohol."

The stats seem to bear out

the suggestion that people drink more heavily in Cape Breton and start drinking earlier, at around age nine.

Cape Breton Regional Police Chief Peter McIsaac, who co-wrote the municipal alcohol policy with Hodder, has seen first-hand the damaging effects of alcoholism and the "normalization" of excessive drinking.

In one year he reviewed 100 police calls and found that 70 of them had some connection to alcohol use, whether it be impaired driving, domestic violence or petty crimes.

THE CANADIAN PRESS



The Victoria General Hospital in Halifax. JEFF HARPER/METRO FILE

TRANSPORTATION SAFETY BOARD

Fishing boat sinks Monday off Yarmouth

A Yarmouth County boat sank on the February holiday.

The Transportation Safety Board is investigating the Feb. 15 sinking of the fishing vessel that occurred off Yarmouth.

The board is sending a team of investigators to Pubnico, Yarmouth County, which was the home port of the fish dragger Don Cadegan.

According to the board, the Don Cadegan ran aground and subsequently sank on Monday. The TSB said the three-person

crew was picked up by another fishing vessel.

When contacted by the Vanguard, the owner of the Don Cadegan said he did not know a lot of details, but said everyone on board the vessel at the time of the incident had been safely picked up by another vessel.

The vessel ran aground near Murder Island, one of the islands in the Tusket Islands chain. From the Pinkney's Point wharf late Monday, some distance away, the riggings of

the fish dragger were visible from shore.

The Joint Rescue Coordination Centre says it was not contacted about the incident when it happened on Monday and says therefore it does not have a report of the occurrence.

A Transportation Safety Board spokesperson said the board would have more details to provide later after its investigators know more about what happened.

TC MEDIA



The Don Cadegan CONTRIBUTED

Physician facing two sex charges

VICTORIA GENERAL

Allegation that MD victimized boy, 17, during procedure



Philip Croucher
Metro | Halifax

A Halifax doctor has been charged with sexually assaulting a teenage boy who was a patient undergoing a medical procedure.

The 17-year-old went to the Victoria General hospital in Halifax last March 18 for the procedure, according to a news release issued Tuesday by Halifax Regional Police.

His doctor then sexually assaulted him while being treated, police allege.

"He did have a medical procedure and he was touched in a sexual manner over his clothing," Halifax Regional Police spokeswoman Const. Alicia Joseph said Tuesday.

Dr. Nebojsa Sparavalo, a 64-year-old from Halifax, faces charges of sexual assault and sexual exploitation.

Joseph said police were made aware of the alleged assault in October, with char-

+ NO COMMENT

Sparavalo on leave

The Nova Scotia Health Authority says Dr. Nebojsa Sparavalo is currently on personal leave, and it isn't commenting on the allegations against him because they are before the courts.

ges brought before the doctor Tuesday.

Joseph referred to the investigation as "complex."

"At this time we only have the one complaint and all evidence in regards to this complaint is before the courts," she said.

According to the Nova Scotia College of Physicians and Surgeons website, Sparavalo graduated in 1975 from the University of Sarajevo Faculty of Medicine.

He was working out of the Victoria General site of the Queen Elizabeth II Health Sciences Centre with a clinical assistant licence.

Dr. Gus Grant, register and CEO of the Nova Scotia College of Physicians and Surgeons, said the group received a complaint from a patient against Dr. Sparavalo in late 2015 and contacted police.

He said the "complaint forms the basis" for the criminal charges now facing the doctor.

He also said the college will "step aside" on its investigation into the matter until the criminal matter is dealt with.

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At this time we only have the one complaint.

Const. Alicia Joseph

Co-operation the only way up north



Less than a decade ago, the Polar Continental Shelf Program (PCSP) compound northwest of Resolute on Cornwallis Island, Nunavut, could support about 62 people. Today, it can handle as many as 240.

"We've expanded four-fold in a very, very short time," said acting PCSP chief of arctic logistics Tim McCagherty.

Rapid expansion came thanks to co-operation integral to all operations in the high Arctic.

"If you're not all working together, nothing happens," McCagherty said. "Nobody stands alone in the Arctic."

In this case, the co-operation is between the PCSP — backed by Natural Resources Canada, Environment Canada and the Department of Fisheries and Oceans — and the Canadian Forces Arctic Training Centre via the Department of National Defence.

In 2007, the Canadian Armed Forces (CAF) received "the Canada First Defence strategy," which mandated an increase in CAF Arctic presence and sovereignty defence.

"When (that) came up... the

military turned around and said, 'Okay, we've got to do an assessment of where we should place (a base of operations) and what should this facility do,'" said Lt. Col. Luc St. Denis.

The PCSP was established — albeit smaller — conveniently in the middle of the Canadian Arctic and has one of the longest runways this far north, bar few, allowing for the kind of air projection vital to responding to sovereign threats almost anywhere north of Churchill.

A planned expansion to the PCSP compound around 2009 allowed St. Denis an opportunity to propose the partnership, when he had his mandate and a \$60-million budget to achieve his goals.

LOGISTICS

Today, the PCSP functions as a logistics provider. Originally founded in 1958, it was a base of operations for scientific research in the Canadian Arctic.

Now it provides support to more than 140 camps from the Resolute base and has operated in more than 2,000 locations in the Canadian Arctic, touching every island there is. METRO



Lt. Col. Luc St. Denis talks to troops Sunday near Resolute, Nunavut. BRAEDEN JONES/METRO

IN BRIEF

Top science prize goes to first-ever female winner

A McGill University astrophysicist became the first woman to receive one of the country's top science prizes on Tuesday, marking what was called a "significant watershed moment" for women in science.

Victoria Kaspi, a Montreal-based professor, was handed the Gerhard Herzberg Canada Gold Medal for Science and Engineering in Ottawa, becoming the first woman to receive the award in its 25-year history.

THE CANADIAN PRESS

Missing, murdered victims have ripple effect: Minister

The issue of violence against aboriginal women goes beyond the ranks of murdered and missing, Canada's indigenous affairs minister said Tuesday as she explained her claim that the tally of victims is far higher than believed.

A mere roster of victims ignores the family members who have been touched by tragedy and fails to capture the extent to which the phenomenon has affected an entire culture, Bennett said.

THE CANADIAN PRESS



A screenshot of the opening scene of U.S. presidential candidate Marco Rubio's new campaign ad, *Morning Again*, which mistakenly uses stock footage of Vancouver but identifies it as America. YOUTUBE

Presidential campaign ad misses the landmark

POLITICS

Footage of Vancouver used in video celebrating U.S.



Vancouver has found itself unwittingly thrust into the U.S. presidential race after a new campaign ad for Republican candidate Marco Rubio mistakenly featured footage of the Canadian city's downtown skyline.

The ad, which was released over the weekend, opens with a scenic sunrise shot of a tugboat with a city in the background as a narrator says, "It's morning again in America" — a reference to Ronald Reagan's 1984 campaign slogan that used the same line.

The only problem? The city in the background isn't America.

It's unmistakably Vancouver's iconic downtown skyline, seen across the Burrard Inlet.

The city's Harbour Centre is clearly visible in the shot, as are the cranes at Port Metro Vancouver. A small Canadian flag can even be seen flying

on the back of the tugboat.

Rubio's campaign manager reportedly told BuzzFeed, which first reported on the footage, that the use of the clip was a mistake.

It appears the footage originated from Shutterstock and was shot by Vancouver-based videographer Guy Chevasse.

Another video from Chevasse that appears to be shot on the same day shows another unmistakable Vancouver landmark — the five white sails atop Canada Place.

This isn't the first time Vancouver has been mistakenly identified as another city.

In December 2013, a real es-



Florida Sen. Marco Rubio
SPENCER PLATT/GETTY IMAGES

tate brochure for condo buildings in the Chinese coastal city of Weihai tried to pass itself off as Vancouver using a photo of False Creek looking toward Burrard Bridge.

AUCTION

Prime minister's sketch sells for \$25K

A watercolour sketch drawn by Justin Trudeau months before he became prime minister has been auctioned off on eBay for \$25,200 to a Toronto businessman and philanthropist, and his artist wife.

Viv Draward, communications director for Friends of the Canadian Museum for Human Rights, said Alice and Grant Burton have been previous donors to the facility.

Trudeau drew the image of the museum after visiting the Winnipeg building last spring. Postcard prints of the

image were given to Liberal party donors, and museum officials approached Trudeau about getting the original for a fundraiser.

"It's like, wow! With this kind of fundraiser, you never know what can happen, so we didn't want to set our expectations too high," said Draward. "I think it demonstrates what a unique piece the sketch is and the interest people are taking in human rights."

Grant Burton is president of Starcan Corp. and director



The Canadian Museum For Human Rights in this undated sketch by Justin Trudeau.

CONTRIBUTED

emeritus at the National Arts Centre while Alice Burton's



It's just amazing how well it ended up doing.

Viv Draward

works have been exhibited in Toronto, Montreal and New York as well as Europe and South America.

The drawing depicts the museum, along with its glass tower, with trees and greenery in front. THE CANADIAN PRESS

Young refugees not afraid to dream big

MIDDLE EAST

Girls fleeing Syrian war share hopes for the future

For the adolescent girls who've fled war in Syria for life in Jordan's refugee camps, the future can seem as uncertain as the past.

And yet, they have reasons to dream like anyone else. That's the message of the Vision not Victim campaign by the International Rescue Committee. Photographer Meredith Hutchinson invited the girls of the camps to map out their professional futures, meet female mentors and realize their potential.

The girls then designed their own photo, where they posed as their future self.

TORSTAR NEWS SERVICE

1 Rama (Age 13): Future doctor. "Walking down the street as a young girl in Syria or Jordan, I encountered many people suffering — sick or injured — and I always wanted to have the power and skills to help them. Now, as a great physician in my community, I have that ability. Easing someone's pain is the most rewarding aspect of my job. To be able to give them relief and make them smile — this is what I love most."

2 Fatima (Age 16): Future architect. "I've always wanted to be an architect. Yet, when I



was young people told me that this is not something a woman could achieve, and they encouraged me to pursue a more 'feminine' profession. Now that I've reached my vision, I hope I am a model for other girls, showing them that you should never give up on your dream."

3 Muntaha (Age 12): Future photographer. "Since I was a young girl, I loved taking people's photographs. I loved going to different events and documenting what was happening — both the

good and bad. Now, as a professional photographer, I use my images ... to encourage love and understanding."

4 Amani (Age 10): Future pilot. "Even before I had ever been on a plane, I knew I wanted to be a pilot... When I was younger, my brother always told me that a girl can't be a pilot, but I knew deep down this is what I wanted to do. Now, not only do I get to live my dream, but I also get to help people travel, to see the world and discover new places."

REFUGEE CRISIS

Syrian boy writes to King of Sweden

A 12-year-old Syrian boy is hoping for an audience with Swedish King Carl XVI Gustaf after describing his family's perilous journey to the Nordic country in a moving letter to the figure-head monarch.

The royal palace confirmed Tuesday that the king had received the letter from Ahmed, whose mother asked that his surname not be published because he's a minor. The family is still waiting to hear whether it will be granted refugee status. Ahmed wrote that his family lived happily in Aleppo, Syria, "until the war started with the sound of missiles, shooting and terror."

"I wanted to talk about my journey from Syria to Sweden," Ahmed told The Associated Press. Ahmed wrote the letter in Arabic. Pooja Sharafi, a 29-year-old counsellor at the school in



Ahmed posts an emotional letter to King Carl XVI Gustaf. THE ASSOCIATED PRESS

Malmo where Ahmed is enrolled, helped him get it translated into Swedish.

Royal palace spokesman Daniel Urso said the king replied on Feb. 11. However, Ahmed, his mother and Sharafi said none of them had seen a reply.

THE ASSOCIATED PRESS

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H32134	2016 Grand Caravan CVP w/1046 km	\$30,965	\$18,787*	\$12,055
H54299	2015 Journey Crew Limited w/529km	\$36,785	\$26,847*	\$9,479
H25984	2016 Jeep Patriot Sport w/503km	\$20,990	\$12,997*	\$7,243
H84431	2016 Jeep Patriot Sport w/591 km	\$20,990	\$12,997*	\$7,243
H89822	2016 Jeep Patriot Sport w/519km	\$22,680	\$13,973*	\$8,063
H77123	2016 Jeep Patriot Sport w/584km	\$23,980	\$14,278*	\$9,209
H82056	2016 Jeep Patriot Sport w/911 km	\$25,340	\$17,486*	\$7,083
H92130	2015 Wrangler Rubicon w/527km	\$48,585	\$38,956*	\$9,124
H26187	2015 Wrangler Rubicon w/520km	\$45,780	\$36,290*	\$8,965
H33738	2015 Wrangler Sahara w/509km	\$44,510	\$35,287*	\$8,657
H48139	2015 Wrangler Sahara Unltd w/873km	\$48,080	\$38,345*	\$9,246
H757753	2015 RAM 1500 Longhorn 4x4 w/10,927km	\$66,130	\$47,622*	\$19,335

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Embracing a new vacation model

EMPLOYEE MANAGEMENT

Unlimited paid holidays the 'right' thing for workers: CEO

Just weeks after a Vancouver company introduced unlimited paid vacation in January, some employees are already off on holidays in Thailand.

"These are high-quality people, who will come back more refreshed, better than ever," said Jeff Booth, chief executive officer of BuildDirect, an online home-improvement marketplace that sells everything from flooring to kitchens.

"We feel it's the right thing for our employees. Instead of measuring hours, we measure output," said Booth, who says he took seven weeks of vacation last year including a three-week trip to Vietnam.

"If my best person came to me and said, 'I really need this time, a paid vacation.' Would I give it to them? I would," he said,

adding he would grant such vacation to others.

The policy now means all 300 employees have access to unlimited paid vacation, including staff in the warehouse. There are still rules — including limiting it generally to no more than four consecutive weeks, as many times over the course of the year — though a manager could give the sign-off on longer periods.

Miovision, a Waterloo-based traffic management company, also brought in the new unlimited paid vacation policy last month, part of a policy to emphasize trust, but also formalizing what had essentially been an unwritten rule.

"The idea is take as much vacation time as you need, but we're

all here to build the future," said Miovision's CEO Kurtis McBride.

The idea hasn't worked at some companies including crowdfunding website Kickstarter, which reverted back to fixed vacation days last fall.

Julian Barling, Borden chair of leadership at Smith School of Business, noted that the traditional model of limiting vacation days was built on fear that people would escape the workplace.

"In the workplaces of the current era, we are trying to construct workplaces that are very different, where autonomy is very important," he said. "It does not mean doing everything and anything they want."

TORSTAR NEWS SERVICE



We just decided we didn't need to babysit the staff. They are quite capable of deciding how much time they need, while still getting ... work done. Kurtis McBride



Some employers are shifting to open-ended vacation policies, saying they trust their employees. Miovision, a Waterloo-based company, has extended the policy to all 300 of its employees. ISTOCK

TECH SECTOR

Feds studying advice to help turn startups into billion-dollar firms

The federal government is closely studying recommendations on how to help Canadian tech startups grow into global success stories — transformations that could eventually provide a boost for the ailing economy.

The findings of a recent re-

port are under analysis by the Liberal government, which has also been told internally that building small and medium tech firms into billion-dollar players remains a key challenge.

The review comes amid debate on how best to revive the

economy, which is struggling with low commodity prices.

The study, commissioned by the federal and Ontario governments, outlines possible strategies to help budding entrepreneurs become high-growth operations.

The analysis of the findings comes as the Liberals prepare their first budget, expected late next month. Some anticipate the fiscal blueprint to include measures to boost the tech and startup sectors.

To get there, it explored six

"priority areas" for Canada. These include focusing on identifying high-potential companies, improving accountability by demanding better reporting and more data transparency from startup assistance groups, attracting more large corpora-

tions to participate in the success of Canadian incubators and accelerators, boost the quality of mentor programs, expose startups to international markets, and explore new models to increase the role of investors in startups. THE CANADIAN PRESS



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IPSOS REID

Paying bills hard for half of respondents

A new poll suggests nearly half of Canadians surveyed last month are within \$200 per month of being unable to pay for their bills and make their debt payments.

The Ipsos Reid survey also found about one-quarter of the 1,582 people who responded to the poll were already unable to cover their bills and debt payments.

The online poll was done between Jan. 27 and Jan. 29 for MNP Debt, which provides licensed trustee services in six provinces.

MNP says the poll found that 31 per cent of respondents said any increase in interest rates

31%

According to the survey, **31 per cent** of the 1,582 respondents said any increase in interest rates would bankrupt them.

could move them toward bankruptcy.

Ipsos Reid conducted the poll about a week after the Parliamentary Budget Office issued a report on Jan. 19 that said Canada has seen the largest increase in household debt relative to income of any G7 country since 2000.

The polling industry's professional body, the Marketing Research and Intelligence Association, says online surveys cannot be assigned a margin of error as they are not a random sample and therefore are not necessarily representative of the whole population. THE CANADIAN PRESS

IN BRIEF

Global economy shaky, no bailout on the way

Eight years after the financial crisis, the world is coming to grips with the realization that serious weaknesses still plague the global economy. Stock prices are sinking, inflation is flat, while commercial banks are again a source of concern. THE ASSOCIATED PRESS

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URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

I have a fairly large family spread around the world. We use Skype and FaceTime a lot. It really bothers me when someone sticks a camera in my face and forces me to have a conversation. How do I stop that without being rude?

Dear Ellen,
I have a fairly large family spread around the world, so we find ourselves using Skype and FaceTime a lot. It really bothers me when I'm minding my own business and someone just sticks a camera in front of me and forces me to have a conversation with that person. It happens over the phone too, but that can be avoided by making signals. Is there a way to stop that without being rude?
Andrés, Toronto

Dear Andrés,
As part of a large family spread out across Canada, I know this problem well and can speak to it from both sides. I've been the person trying to eat dinner when a laptop is suddenly inserted between me and my mashed potatoes. And though certain relatives might resemble a mound of lumpy, whitish starch covered in grease, I much prefer the edible variety on my plate.

So, whilst my lovely tubers grow cold (and as every potato-lover knows, they can never be reheated to their first, fresh glory), I make small talk with faraway people who are starting to look seasick from being passed around the table like a dish no one really wants, but which everyone feels obliged to sample for fear of offending the cook.

I've also been the seasick face on the screen, shuttled between siblings who love me dearly but already know I'm

Imagine if there was a way for us to see our loved ones when they're far away...



© Ani Castillo

fine and are too busy yelling at their children to give my latest theory about the weather the attention I think it deserves. Their solution is to pass me on to the kids — who, I'm proud to report, are assiduously polite. I daresay, if I weren't a student of etiquette, even I'd be fooled by the skill with which they cut short my questions about their dreams and hopes for the future and insist on sharing their beloved aunt with the younger ones.

Alas, the whole staying-connected-via-the-Internet experiment really falls apart when you involve the under-five set. I hate to be critical but if I wanted to watch a fast-motion, shaky-cam montage of the ceilings, walls and floors of several rooms, I could easily do that at home. Nor do these violently exuberant toddlers know how to gracefully say goodbye. The last time I attended a family event via Skype, I was left face-down on a staircase screaming "Hello? Hello? I'm here!

Is anyone there?" It felt like a giant, depressing metaphor for my life. Then again, attending family events in person often ends with the same sensation, so perhaps I can't blame everything on video chats.

As with many matters of etiquette, Andrés, my answer to your question must start with "It depends." If you are comfortable discussing the issue with family members, you might find you're not alone in feeling unpleasantly ambushed by computer screens at the table. You could discuss planning ahead, setting a firm time to talk when you're prepared, your mouth isn't full, and — if you're at all vain — you've had time to fix your hair and powder your nose for the camera.

If your family isn't open to your concerns, or they're terrible at planning, you have several choices:

1) Take the initiative and be the first to get the video call going. This gives you full

Oooh. That would be the most wonderful thing!

control of when the conversation happens and puts you on the business end of shoving laptops into faces. As de facto moderator, you can also humbly cut your own time short in consideration of others.

2) Discreetly disconnect the modem or, even better, leave it lying facedown on a distant staircase or under a pile of coats. If there are toddlers on-site, this can easily be accomplished without raising suspicion — though I hasten to add it would be very bad manners to allow any small, innocent person to be punished for your actions.

3) Bite the bullet, take the long view and submit. It's annoying but it's only a few minutes of your life and it could mean an awful lot to the person at the other end. And, of course, don't talk with your mouth full.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

metroview

What's anti-feminist is pitting women against each other

You can't swing a media brand without hearing about the great rupture in American feminism, a split deeper than DD cleavage, a cat fight extraordinary, mano-a-mano — or, since the Spanish word for "hand" sounds so much like "man," mujer vs. mujer.

The schism first appeared at the Democratic primary a month ago and has reached a media fever pitch: Young women are choosing Bernie Sanders over Hillary Clinton, to their elders' outrage.

Let's begin with the obvious: Not all young women are choosing Sanders (celebrity example: Lena Dunham) and not all older women are choosing Clinton (example: Susan Sarandon). Also: not all women vote Democratic.

Still, the debate is real enough that pro-Clinton former U.S. secretary of state Madeleine Albright got all evangelical last week, warning of "a special place in hell for women who don't help each other" — an absurdly ill-fitting threat, since Sanders supporters aren't the most religious.

She probably meant to say "a special place in the Clintons' bad books." But all this Shakespearean-level gender drama presented by the media is overrated.

First: The debate feels pretty white. Despite notable supporters, including rapper Killer Mike and a former NAACP chair, polls show black and Hispanic voters skew

heavily Clinton. And since I couldn't find a single poll detailing how black or Hispanic women are voting by age, I guess no one's that curious about where race plays into this feminist end-of-unity.

Second: The debate is partly misdiagnosed. Yes, young women are feeling the Bern, but so are all young people. It's not a problem with feminism, it's a problem with the generations at large. Young voters are concerned with poverty, income inequality and the dismantling of establishment power — all things Sanders has championed. Older women (and the media) are misreading this as indifference to gender politics — even, bizarrely, Gloria Steinem. As an early champion of viewing oppression beyond the gender lens and into class and race, I would have expected her to understand.

Lastly: Both candidates would probably be OK for women. They both support abortion rights, same-sex marriage, expanding Obamacare and raising the minimum wage.

The anti-climactic truth is neither choice is anti-feminist. What's anti-feminist is pitting women against each other, as if there were only one right way to be. It's also an underwhelming tactic to garner votes. Case in point: Fire-and-brimstone Albright has since apologized for telling other women to go to hell.

As with many matters of etiquette, my answer to your question must start with 'It depends.'

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Is it too late to start saving?

NEST EGG

Building a retirement fund beyond middle-age

Michelle Williams

You're nearly past your best earning years and your savings are negligible. Maybe it's because you've been raising your kids, paying down your mortgage and managing credit-card debt. Is it too late to start saving for retirement?

You may regret not starting earlier, but it's never too late to save.

"If you're not 71 years of age or older and if your taxable income is considerably higher now than it will be in retirement, then you still have time to be making RSP contributions," says Alan Cameron, investment advisor with Investment Planning Counsel. "The reasons are no different when you're middle-aged and beyond than when you're younger — you'll get a tax deferral now and pay less tax when you pull it out, assuming you'll be earning less."

The big difference is that there's less opportunity for your money to grow, as it won't be in your RSP as long and won't benefit from decades of compounding interest.



It's never too late to start saving for your retirement. ISTOCK

Time to get serious

"Often, we see people who haven't saved much in the past start to panic around age 50," says Jason Pereira, senior financial consultant with Woodgate Financial Inc. and Investment Planning Counsel. "It's unfortunate that people find themselves in this situation, but whether you've left

it late or not, at some point you have to get serious about retirement savings or you may not retire in a lifestyle you'll be comfortable with."

According to Pereira, the question to ask yourself about your retirement savings is: Can you sustain the lifestyle you're accustomed to when you're no longer working?

If the answer is no, now is definitely the time to get serious about your retirement savings.

You may also have to examine why you haven't been saving until now.

"If you're dealing with credit-card debt or refinancing your home, you're living beyond your means," says

Pereira. "When you're spending more than you make when you're working, how can you ever expect a positive result when you're retired?" Those who don't save enough may either have to push back their retirement, change their current lifestyle or prepare for a very different standard of living in the future.

Changing the focus

The challenge isn't always overspending.

"Some investors choose to put all their money into paying off their mortgage. The focus is to pay off debt rather than to build equity," says Pereira. "When people don't invest in savings, they're ignoring a vital part of their future and think they can catch up later, but because you miss out on compounding interest, the longer you wait, the more money you'll need."

While RSPs are an excellent savings tool, their tax benefits may not be for everyone.

"If your earnings are lower, say \$45,000 or less, you would want to be looking at tax-free savings accounts (TFSA). Also, RSPs may not be the answer if your post-retirement income is too close to your pre-retirement income or you're always in the lowest tax bracket," Cameron suggests.

For those nearing retirement, it's more important than ever to get good advice.

"You may have to adjust your goals, make lifestyle changes and start ramping up your savings," says Cameron. "A financial advisor can help you with this, showing you the best ways to make smart choices to help you reach your goals before you retire."

He recommends taking a sober assessment of where you stand every year, and more often as you near retirement. Your retired self will thank you.

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Leaves kale green with envy

Sure, kale is packed with nutrients, but so are a dozen or so greens sitting largely ignored on the same grocery shelf. Give these less popular leafy greens a try for your next dinner **TORSTAR NEWS SERVICE**

RAPINI

A cousin of broccoli, rapini is popular in Italian cooking where it's sautéed with lots of olive oil, garlic and chili flakes (and maybe sprinkled with some parmesan on top). People are often put off by its bitterness, but blanching it for a minute in salted boiling water before adding them to a hot pan helps bring out its sweetness and soften the woody stems. Serve the sautéed rapini as is for a side, toss it in penne with crumbled sausage or add it to an Italian meatball soup.

Bitterness rating: 4/5

DANDELION

It's probably best to buy dandelion from the supermarket rather than pulling the ones from your backyard that have been getting a daily watering from the neighbourhood pets. Fiercely bitter, dandelion is best served in salads with an acidic dressing such as lemon juice and olive oil that will mellow out its harshness. Add thinly sliced oranges, grapefruit and fennel to further add an acidic sweetness to the bowl. **Bitterness rating: 5/5**

CHARD

This gorgeous leafy green has stems and veins that come in a rainbow of colours, from pale green to beet red to sunset yellow. Like kale, its stems are quite woody in texture, but don't throw away the part that's going to give your dish a pop of colour (and belly-satisfying fibre). Simply separate the stems from the leaves, chop the stems into smaller pieces and give them a head start in the sauté pan before adding the leaves. A pinch of salt and a clove of garlic will help to get rid of its bitter taste.

Bitterness rating: 3/5

WATERCRESS

As its name suggests, watercress thrives in wet environments and gives off a sweet, slightly peppery crunch. Give the leaves an extra good rinse to get rid of any sand or dirt before using it as a base for salads or a more flavourful alternative to spinach in sandwiches (and not just cucumber finger sandwiches at afternoon tea). Watercress also adds flavour to pork bone soups and is a staple in Chinese hot pot. For nutrition, watercress rivals kale with high amounts of vitamins K, C, A and B6. **Bitterness rating: 1/5**

COLLARDS

Celiac sufferers (and those still on the gluten-free bandwagon) should turn to collards when making wraps and rolls in lieu of tortillas and wheat-based wrappers. The leaves are large, flat and round, making it much easier to handle as a substitute for burger buns than kale. In the American south, collards are traditionally cooked with onions, pepper, garlic and bacon (a dish with roots dating back to the slave trade). In East African nations such as Kenya and Tanzania, collards, or sakuma wiki, have been eaten for centuries and are sautéed in oil with onions and salt to go with meat or ugali, a cornmeal mash.

Bitterness rating: 2/5

BOK CHOY

A staple in Chinese cooking, bok choy is characterized by its round leaves forming a bulblike shape at the bottom. Though its leaves may not be as dark as kale, bok choy is actually a nutritional powerhouse with high amounts of vitamins A and C as well as calcium. Do as the Chinese do and sauté bok choy with garlic in a bit of vegetable oil or add it to a bowl of noodle soup, dumplings or wontons. **Bitterness rating: 2/5**

TRENDS

Glow: A word the world has a crush on

The right buzzword can manage to capture the fleeting essence of what we're all feeling at any given time as a society.

OCAD University marketing professor Ann Urban



From health food shops to beauty salons, the whole world seems to be aglow. Glowing cheeks, the Oh She Glows Cookbook, that pregnant glow, glow beauty magazine, glowing praise, GlamGlow skin care — the list, um, glows on. The word shouts radiance and health. You can aspire to glow. People will notice. And you'll feel fantastic too! Our desire to "glow" sees us buying everything from glow-titled books to glow-branded beauty products. But what makes this buzzword so luminous and appealing?

"The word 'glow' is often as-

sociated with being natural and healthy," Seneca College marketing professor Reza Alavie says.

According to Alavie, advertisers used "glow" as early as 1880 to sell womenswear.

"Go into a grocery store and try to buy an apple that isn't shiny. You can't. They cover apples in wax because they know it will attract customers. People are naturally drawn to shining and glowing things."

Our language, adds University of Toronto linguist J.K. Chambers, may account for much of the word's appeal.

"Glow" comes from a plain

old Germanic root that has been in the English language as long as there has been an English language," Chambers says. "It has the simple, honest feel that clings to old monosyllables, without any airs."

Ryerson University philosopher Elizabeth Trott suggests that our desire to "glow" may speak to a deeper yearning.

"Plato said when we learned more we would continue to seek the light of knowledge, and his metaphor in the famous cave analogy was moving toward the sun. Perhaps there is real unfulfilled need in human be-

ings to be in, and aware of, natural light."

Ryerson University sociologist Paul Moore seems to think so too.

"We project our vitality, our desires and wishes onto the objects we buy and the stuff we surround ourselves with," Moore says. "It's then really easy, too easy, to substitute things that glow for our own glowing health or a healthy society. Some would say that quest for glow is actually a sign of concern or longing for a more meaningful life or a more vibrant society."

TORSTAR NEWS SERVICE

TV BRIEFS

Mamie Gummer stars in post-war fashion drama

Shooting has begun for a new drama *The Collection*, set in Paris after the Second World War about a family of fashion designers trying to bring haute fashion back into mode.

The eight-part family saga stars Richard Coyle, Tom Riley, Frances de la Tour and Mamie Gummer, the daughter of Meryl Streep.

Other stars include Jenna Thiam, Max Deacon, Irène Jacob, James Cosmo, Alix Poisson, Sarah Parish, Michael Kitchen, Michelle Gomez, Stanley Townsend, Allan Corduner, Alexandre Brasseur, Bethan-Mary James, Patrick Kennedy and Poppy Corby-Tuech. The series is the vision of Oliver Goldstick, whose credits include *Desperate Housewives*, *Ugly Betty*, and *Pretty Little Liars*. The project marks the first Franco-British co-production between BBC Worldwide, France 3 and Amazon Prime Video and Lookout Point. AFP



Mamie Gummer. CONTRIBUTED



JOHANNA SCHNELLER WHAT I'M WATCHING

Rock 'n' roll but what's the point?

THE SHOW: *Vinyl*, Season 1, Episode 5 (HBO)
THE MOMENT: *The Dance*

New York City, 1973. Record mogul Richie Finestra (Bobby Cannavale, terrific) watches his wife Devon (Olivia Wilde) dancing sexily with Hannibal (Daniel J. Watts), a singer his label is wooing.

They've been partying, snorting coke.

The music is hot, the mood woozy.

At first Richie is into it. Until the dance becomes outright foreplay.

Hannibal nuzzles Devon's neck, runs his hands down her red dress. He looks at Richie: How far will he let this go?

"You want a bump?" Richie asks, holding up the coke.

"I got a bump," Hannibal says, grinding his crotch into Devon's ass.

"Why, yes you do, sir," she coos.

"Right," Richie says, standing up. "We gotta run."

He grabs Hannibal's cheeks. "You are a f—ing... god," he says.

But they all know what

he means by that.

Martin Scorsese, Mick Jagger and Terrence Winter (who ran *Boardwalk Empire*) created this series, so you can be sure that the milieu is fascinating (decaying New York; the clash of punk, rock and disco) and the mise en scene impeccable ('70s moustaches, subway graffiti).

There are orgies, egos, and all sorts of icons wandering through: Bowie, Warhol, Nico. Immersive performances make us feel the power of music.

But five episodes in, I've yet to see what this show is actually about — in the way that *Treme* was about righteous anger and *Boardwalk Empire* was about American corruption.

The scene above is the first one that felt truly dangerous to me.

As titillating as sex, drugs and rock 'n' roll are, I want something deeper.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



The heady lives of a record mogul (Bobby Cannavale) and his wife (Olivia Wilde) are captured in the series *Vinyl*, without offering a deeper commentary on the lifestyle. CONTRIBUTED



ROSE REISMAN THE SAVVY EATER

THIS WEEK: Snacks

Sushi sounds like a super healthy meal with rice, fish and veggies but some rolls will send you off the deep end nutritionally.

PICK THIS

Salmon Avocado Roll

Portion Roll (nine pieces)
Calories 320
Fat 4 g
Sodium 470 mg



SKIP THIS

Spicy Tuna Roll

Portion Roll (nine pieces)
Calories 670
Fat 18 g
Sodium 830 mg



HERE'S WHY

Equivalent to as much sodium and more calories as two Original Recipe Chicken Thighs from KFC.

The tuna is incredibly healthy but once mixed with the spicy sauce and mayonnaise-based wasabi aioli (which give the Spicy Tuna Roll its name and kick), it sinks the sushi when it comes to calories, fat and sodium. The addition of this fatty sauce adds almost double the sodium and calories, and 4.5 times the fat. That's without adding any soy sauce, which triples the sodium. Stick to a sauce-free roll — the Salmon Avocado Roll gives you all the good stuff. Try to pick a low-sodium soy sauce and use sparingly.



PUBLISHING

Designer Zac Posen pens new cookbook

Fashion designer Zac Posen has announced plans to turn a hobby he uses to "de-fashion" into a full-fledged cookbook.

Fans and Instagram followers of the New York-based designer may already have seen the news coming.

In between snaps of his latest collection, glimpses of his work studio, and his fabulous celebrity friends, Posen has also been posting photos of the meals he whips up at home.

Meals such as soba noodle soup with mini chicken quenelle (or dumpling) and asparagus; fried calamari; Kenchin-jiru Buddhist vegetable soup; risotto with peas and porcini mushrooms; and strawberry rhubarb pie.

Recently, Posen officially announced plans to publish a collection of his recipes with Rodale on Instagram. "Thank you to my @instagram followers for your continuous excitement," he wrote alongside a snap of a meringue pie topped with edible flowers.

"You made this happen."

In an interview with *Vogue*, Posen credited his Instagram fans for planting the seed for

the idea.

"If it had not been for the response from the followers on social media, I never would have taken the plunge and put a cookbook together," he said.

Posen also called cooking a hobby that allows him to "de-fashion" and described his culinary style as "rustic to refined."

If the meals on his Instagram account are anything to go by, fans can expect Asian — notably Japanese — influenced recipes, Italian dishes as well as French techniques, no doubt influenced by his French partner Christopher Niquet.

When he wasn't dreaming up ladies' fashions in his younger years, Posen says he was reading recipes in *The New York Times*, *The Martha Stewart Living Cookbook*, the French instructional guide *La Varenne Pratique* or watching the Discovery Channel's *Great Chefs* program.

The Zac Posen cookbook is scheduled to be released in the fall of 2017. AFP

DRINK PICK

Try a fresh white wine from Nova Scotia

You may be surprised to learn that some of the most interesting booze made in Canada is coming from Nova Scotia.

With a modern history well into its third decade, the province's wine industry has experienced rapid growth this decade with over a dozen wineries pressing juice from locally grown grapes.

Jost Vineyards was there at the beginning. The Jost family sold its holdings to Atlantic Canadian entrepreneur Carl Sparkes in 2012 and he has been leading the new wave of Nova Scotian wines ever since.

Nova Scotian winemakers do fresh, aromatic whites very well, with off-dry, lightly effervescent versions like Jost's 2014 Selkie Frizzante (\$19.95) a casual-drinking tour de force. Try it on its own, with a charcuterie platter, or your favourite seafood recipe.

PETER ROCKWELL/METRO



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Sentra gets a whole new look this year



THE CHECKLIST | NISSAN SENTRA 2016

THE BASICS

Type. Four-door, five-passenger compact sedan
Engine. (hp/torque). 1.8-litre four-cylinder (130/128)
Transmissions. Six-speed manual or CVT
Price. \$15,898 - \$25,998 (plus destination)

COOL FEATURES

- Apple Siri
- Driver's auto up/down window
- Easy-Fill tire pressure system
- Available leather seats
- Rearview camera
- Auto-dimming interior mirror
- Satellite radio



MAIN AND INTERIOR PHOTOS: JIL MCINTOSH/FOR METRO; OTHERS HANDOUT

POINTS

- Canadians buy more sunroof-equipped models than any other country, so Nissan has added one as an option to the mid-level SV.
- An available suite of apps lets you call for assistance, remotely lock or unlock the vehicle, and set boundaries for younger drivers from your phone.

MARKET POSITION

- Compacts make up the largest share of car sales in Canada, but Nissan has seldom been able to get close to leaders like Honda and Toyota. Freshening up this sedan should gain it a little more attention

REVIEW

Nissan does a great job with this fine tune

Jil McIntosh
For Metro Canada



In the brutally competitive automotive world, vehicles have to stay fresh. That's why, only three years after Nissan introduced an all-new Sentra compact sedan, it's now giving it a styling makeover for 2016.

The engine doesn't change, although the automatic continuously-variable transmission (CVT) is tweaked for better performance.

The big difference is in the exterior styling, and the Sentra gets an entirely new look from the windshield forward.

It looks a lot like a smaller-scale Nissan Altima, with its chrome-accented grille and boomerang-shaped headlamps.

Pricing starts at \$15,898 for a base model (although it's \$18,998 to get one with air conditioning), while the mid-range SV trim with CVT, which Nissan says is the best-selling model, is \$19,998.

The Sentra uses a 1.8-litre four-cylinder engine that works well in most driving conditions, although you'll probably wish

for a bit more power on hard acceleration, such as highway passing.

But while CVTs can often be noisy and feel rubbery when mated to lower-horsepower engines, Nissan has done a great job fine-tuning this one. Its performance is barely noticeable, and that's a compliment.

Other changes include improvements to the steering, which is stiffer and which makes for more comfortable driving on the highway.

The ride is bigger-car comfortable, and extra attention paid to sound-deadening makes for an extremely quiet cabin.

There are few styling changes to the interior, other than a new steering wheel and a slightly different centre stack and console.

There are some new features, though, including an available six-way power driver's seat, and in the upper trim levels, electronic safety tech-

nologies such as blind spot monitoring, cross-traffic alert, emergency braking, and adaptive cruise control that automatically adjusts its speed to traffic ahead.

These positive changes shake up the Sentra, but not the segment. It's competitive but still not a heads-above standout as far as the driving experience goes.

That said, it's well-priced compared to other compact sedans with similar features, and it's definitely worthy of a second look when you're in the market for something new.

“It looks a lot like a smaller-scale Nissan Altima, with its chrome-accented grille and boomerang-shaped headlamps.”

THE COMPETITION



Honda Civic
Base price: \$15,990



Toyota Corolla
Base price: \$15,995



Volkswagen Jetta
Base price: \$15,995

SAFETY

Volvo declares war on traffic accident fatalities

Lex Kerssemakers, the head of Volvo's operations in the United States, said that the only acceptable number of road traffic deaths is “zero.” Addressing the crowds on the opening day of the Chicago Auto Show, Kerssemakers outlined Volvo's ambitious aim — Vision 2020 — the goal of which is to ensure no one travelling in a new Volvo is killed or injured in a crash by the end of the decade.

“It is unacceptable that more than 1.2 million people are killed in traffic annually,”



Kerssemakers said.

“Here in the U.S., the figure is approximately 33,000 people. Zero is the only acceptable number for us to work toward.”



Zero is the only acceptable number for us to work toward.

Lex Kerssemakers, Volvo, on the company's goals for Vision 2020

Volvo built its reputation on safety and has been one of the early leaders in the development of semi-autonomous driving systems.

The company sees these

technologies as being crucial to reducing and eventually eliminating deaths caused by road traffic accidents.

The S90 sedan, which is being showcased at the Chicago Auto Show, is the first mass-market car to go on sale in the U.S. with a host of semi-autonomous drive features, including highway navigation, as standard.

But that is just the beginning.

“At the end of 2017 we will have the largest and world's first fleet of 100 autonomous

vehicles in the hands of real customers,” Kerssemakers said, referring to Volvo's multi-year autonomous driving technology project — Drive Me — currently underway in Gothenburg, Sweden.

“It will allow real customer feedback to help develop the first AD cars available to a wider audience. It will also assist authorities to understand how legislation, infrastructure planning and other societal elements will need to develop.”

AFP

IN BRIEF

Ford plans new SUVs, which cross generation gap

Projected demand for rugged off-roaders and cross-overs among millennial and boomer drivers means Ford aims to launch four new SUVs over the next four years. Ford's latest research shows that for millennials, the SUV style appeals more than any other and when younger drivers think about starting a family, they start holding the concept of the SUV in much higher esteem. AFP

RAV4 hybrid a one-of-a-kind mini

R18

Audi releases hybrid racecar

Audi will enter the 2016 motorsport season with the most powerful and efficient hybrid racecar it has ever built. Audi says the R18 represents the next stage in lightweight design, and has a modified hybrid system with lithium-ion batteries for energy storage.



TEXT AND PHOTOS WHEELBASE MEDIA

HYUNDAI

Three in-one-offer

Hyundai has announced the first car to offer a choice of three electrified powertrains available in a single body. Buyers of the Hyundai Ioniq

will choose between electric, plug-in gasoline/electric hybrid, or gasoline/electric hybrid powertrains. The compact vehicle will "break the mold" for hybrid vehicles, said Woong-Chul Yang, head of Hyundai Motor research and development.



THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

+ MIRAI, CO2



Senior snaps up first Mirai

Toyota has delivered its first 2016 Mirai hydrogen fuel cell car in the United States to its new owner, a 70-year-old engineer who specializes in hydrogen fuel cells. Glenn Rambach has worked on hydrogen-fuel-cell technology since 1973.

Clean-energy plan cuts carbo dioxide emissions

Chevrolet says it has met the objectives of its five-year-old Clean Energy Initiative, reducing carbon-dioxide emissions by eight million tonnes since it was begun in 2010. The General Motors brand did so through \$40 million US worth of investments in 38 clean-energy projects in 29 U.S. states.



RAV4

Toyota's hybrid mini enters SUV market

Toyota's Canadian-built RAV4 small utility vehicle gets a gasoline-electric hybrid option for 2016, making it the only hybrid available in the hotly contested smaller SUV segment. Despite delivering higher fuel economy than the base model, the all-wheel-drive RAV4 Hybrid is actually more powerful with combined peak power of 194 horsepower. That makes it the quickest RAV4 model, capable of getting to 96 km/h from rest in 8.1 seconds, which is about a second quicker than with the base engine. The hybrid is rated at 6.9 l/100 km in the city and 7.6 on the highway. The gas-only RAV4 with the optional all-wheel-drive system is rated at 10.5/8.2.

Weeknights at 6 Hannah counts down the HOTTEST songs of the day.

6 @ SIX@6 LAST NIGHT:

- 6 Zayn Pillow Talk
- 5 Rihanna ft Drake Work
- 4 Flo Rida My House
- 3 Travis Scott Antidote
- 2 The Chainsmokers ft Roses Roses
- 1 Selena Gomez Hands To Myself

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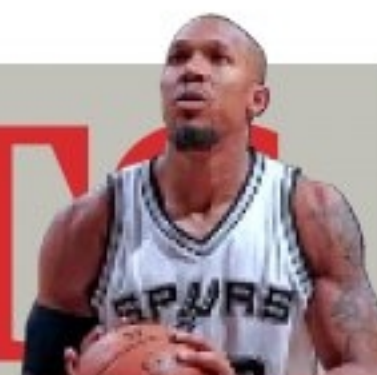
FIAT CHRYSLER

Natural-gas truck fleet now Michigan's largest

Fiat Chrysler Automobiles has invested \$40 million US in FCA Transport, the company's own truck fleet, to convert its 179 Detroit-based parts haulers to run on compressed natural gas rather than traditional diesel. Prior to the change-over, the fleet used nearly 10 million litres of diesel fuel a year while driving about 25 million kilometres delivering parts to assembly plants.



"There's no big mystery or anything like that ... find a formula that works, and stick with it": David West on the Spurs' decades-spanning success



Playoffs in the air again

AUS HOCKEY

Stienberg wants Huskies to earn success 'the right way'

Kristen Lipscombe
Metro | Halifax

The Saint Mary's Huskies may already know that they'll be playing in this year's national men's hockey championship — but they still plan to win their way there.

"Earn your way, every day," longtime head coach Trevor Stienburg said Tuesday of his Huskies' preparations for post-season puck drop.

Saint Mary's starts Atlantic University Sport playoffs Wednesday night at the Halifax Forum. The puck drops on the first game of a best-of-three quarter-final series against the Moncton Aigles Bleus at 7 p.m.

"Whatever you brought yesterday, was yesterday," Stienburg said. "You need to bring it every day, and we want to get better every day."

As this year's national championship hosts, the Huskies have an automatic bye into the 2016 University Cup from March 17-20 at the Scotiabank Centre.

But before they face the best in the country, they have to take on the top teams in the East, starting with the Aigles Bleus, who finished fifth in



Longtime Saint Mary's Huskies men's hockey head coach Trevor Stienburg. JEFF HARPER/METRO

the regular season compared to fourth place for the Huskies out of eight teams in the AUS conference.

"We want to earn it the right way," Stienburg said. "There's going to be no corners cut; we're going to win or lose on our best effort."

Halifax's other AUS participants, the Dalhousie Tigers, failed to make playoffs with a seventh-place finish.

"This is what the guys wait for every year," Stienburg said of playoff puck.

A key component to success will be having a healthy lineup, he said. The Huskies

had to overcome several injuries before finding their stride in the 2015-16 regular season.

They finished with a 17-8-3 record, while the Aigles Bleus went 13-13-2.

"When you get healthy, you get some more talent in the lineup," Stienburg said. "With the talent, the scoring comes a little easier, and I think that our confidence is just a little bit better."

The other men's hockey quarter-final series features the sixth-place UPEI Panthers up against the third-place Acadia Axemen. The first-place defending champion UNB Var-

sity Reds and second-place St. Francis Xavier X-Men both have byes to the semifinals.

Although nine points separate Saint Mary's from Moncton in the standings, Stienburg said the Huskies know they are up against "a good hockey team" in the first round.

"They're well-prepared, they're very well-coached, they're feisty, they're passionate," he said. "This is going to be a really hard series."

The boys won't be the only ones battling for bragging rights on the ice this week.

The puck also drops on the women's AUS quarter-

+ SCHEDULE

MEN'S QUARTER-FINAL

Game 1: Moncton Aigles Bleus at Saint Mary's Huskies, Wednesday, 7 p.m.

Game 2: Huskies at Aigles Bleus, Friday, 7 p.m.

***Game 3:** Aigles Bleus at Huskies, Sunday, 7 p.m.

WOMEN'S QUARTER-FINAL

Game 1: Dalhousie Tigers at St. Thomas Tommies, Wednesday, 7 p.m.

Game 2: Tommies at Tigers, Friday, 7:30 p.m.

***Game 3:** Tigers at Tommies, Sunday, 3 p.m.

Webcast at www.austv.ca

***IF NECESSARY**

finals Wednesday, with the Dalhousie Tigers travelling to Fredericton to take on the St. Thomas Tommies in their best-of-three. The Tigers finished the regular season in sixth place, while the Tommies claimed third place. The other quarter-final series features the fourth-place Mount Allison Mounties and fifth-place St. Francis Xavier X-Women.

The Moncton Aigles Bleus, who snagged second, and the Saint Mary's Huskies, who finished atop the AUS with a 17-6 record, both earned byes to the semifinals.

"It's just a different atmosphere," Stienburg said, "a different air you're breathing, when the playoffs hit."

CELEBRITY CLASSIC

Puck Greats heading to Halifax

Holy hockey royalty, Halifax.

Pittsburgh Penguins legend Mario Lemieux, Olympic gold medallist Geraldine Heaney, Edmonton Oilers CEO Bob Nicholson and CHL president David Branch are coming to town this spring for the 2016 Hockey Canada Foundation Celebrity Classic gala and golf tournament.

The annual event, set for June 20 at the Cunard Centre and June 21 at the Glen Arbour Golf Course, will honour the influential figures as the latest members named to the Order of Hockey in Canada.

Hockey Canada announced those new honourees on Tuesday at the Nova Scotia Sport Hall of Fame in downtown Halifax.

The 2016 edition of the Celebrity Classic will be the first in which a city without an NHL team plays host.

Hockey Canada also announced Tuesday its "legacy plans" for Nova Scotia, which ensures that half of the proceeds from the Celebrity Classic are funnelled back into the host province's grassroots programs.

Hockey Nova Scotia, the Sidney Crosby Foundation and the Long Pond Hockey Arena Building Society will share a third of the local profits, "to be used for programs and projects that support the growth and development of the sport in the province," a news release said.

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CHAMPIONS LEAGUE

PSG's Cavani puts Chelsea on back foot

Struggling striker Edinson Cavani came off the bench to score the winner as Paris Saint-Germain beat Chelsea 2-1 in a pulsating first leg in the last 16 of the Champions League on Tuesday.

Cavani, who has lost his place in the side in recent weeks, latched onto a superb pass over Chelsea's stretched defence from winger Angel Di Maria and slotted through the legs of goal-keeper Thibaut Courtois from a narrow angle in the 78th minute.

Zlatan Ibrahimovic put PSG ahead with a powerful free-kick in the 39th minute, only for Chelsea to level against the run of play on the stroke of halftime with a rare goal from midfielder John Obi Mikel.

Courtois made a string of



Chelsea's Eden Hazard contests a high ball. GETTY IMAGES

saves to keep Chelsea in contention heading into the second leg. PSG is unbeaten in domestic competition since March and in all competitions since a 1-0 reverse away to Real Madrid in the group stage on Nov. 3 — a run of 23 games.

THE ASSOCIATED PRESS

NFL IN BRIEF

Commissioner Goodell earned \$34M in 2014

NFL Commissioner Roger Goodell earned just over \$34 million for 2014, according to the league's tax filing released Tuesday.

That total is actually down a bit from 2013 (\$35 million) and 2012, when Goodell collected \$44.2 million, including \$9 million in bonuses. The payments for 2014 — a difficult season for the league and the commissioner included a \$26.5-million bonus.

THE ASSOCIATED PRESS

Cowboys' Carr raising cash for his crisis-hit hometown

Dallas Cowboys cornerback Brandon Carr is encouraging athletes to help his hometown of Flint, Mich., amid the city's crisis with lead-tainted water.

The Community Foundation of Greater Flint says Carr is donating \$100,000 to create the Carr Cares Fund for Flint. He's also donating \$10,000 for the Safe Water Safe Homes Fund to help with replacing pipes and plumbing.

THE ASSOCIATED PRESS

Nylander has eyes only for big league

AHL

In-form Marlie scoring well but dreaming of being a Leaf

William Nylander knows he can't ask the question of management. Still, he wonders constantly about the prospect of playing for the Maple Leafs.

Nylander returned to action for the Toronto Marlies in late January after missing a month due to a concussion, but his goals remain much grander than the American Hockey League for the weeks and months ahead.

"My only goal is to play in the NHL this year," Nylander said. "That's my only goal right now other than winning the Calder Cup."

Nylander admits he constantly thinks about playing in the National Hockey League. He can't really escape the thought of it while playing in the same city as the Maple Leafs and watching their games night after night.

"You just try to focus on what you can do and nothing else," he said. "In the end it's what you do that's going to get you

to the NHL." The eighth overall pick in the 2014 NHL Draft, Nylander enjoyed a strong first half this season before he suffered a concussion playing for Sweden at the world junior hockey championship in Helsinki.

Cutting across the ice in a Boxing Day game against Switzerland, Nylander was drilled by forward Chris Egli. He thought he had more time to escape the hit.

"I didn't see him coming," Nylander said Tuesday after a midday off-ice workout.

He missed the rest of the tournament in Finland with his first concussion and sat out upon his return to North America too.

Nylander said he didn't experience any of the stinging symptoms usually associated with concussions but was unable to pass one element of the protocol required for medical clearance. He skated on his own

for a couple weeks before re-joining the Marlies on Jan. 29.

"I think he's been pretty good considering that he just had a concussion," said Kasper Kapanen, his linemate and best friend with the Marlies. "It's never easy coming back from stuff like that. I've been lucky enough to not ever get one, but I've heard it's tough."



William Nylander works on his one-timer at the end of practice. RICHARD LAUTENS/TORSTAR NEWS SERVICE

The AHL scoring leader before the injury, the 19-year-old Nylander has six points in five games upon his return for the first-place Marlies. He's still looming as a threat for the league scoring crown.

But as he's quick to note, that's not really the goal. He remains focused on getting to the NHL. "You watch every game and stuff," he said. "So of course you think about it."

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RECIPE Slow Cooker Beef Chili



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

Can you think of anything better than returning home to a bowl of slow-cooked deliciousness?

Ready in

Prep time: 10 minutes
Total time: 8 hours, 10 minutes
Makes 4 to 6 servings

Ingredients

- 1 lb ground beef
- 2 cloves garlic, minced
- 1 onion, diced
- 1 carrot, diced
- 1 celery stick, diced
- 1 can diced tomatoes (14 oz)
- 1 can chickpeas (14 oz)

- 1 can tomato paste (5.5 oz)
- 1 Tbsp chili powder
- 1 tsp dried oregano
- 1 tsp Worcestershire sauce
- 1 tsp salt
- 1/2 tsp pepper
- 1/4 tsp dried mustard
- 1/4 tsp cinnamon
- Chopped green onion for garnish

Directions

1. Place ground beef in your slow cooker and break it up with a wooden spoon. Add the rest of the ingredients and give the whole thing a big stir to blend.
2. Cook on low for 8 hours. Serve with some chopped green onion for garnish.

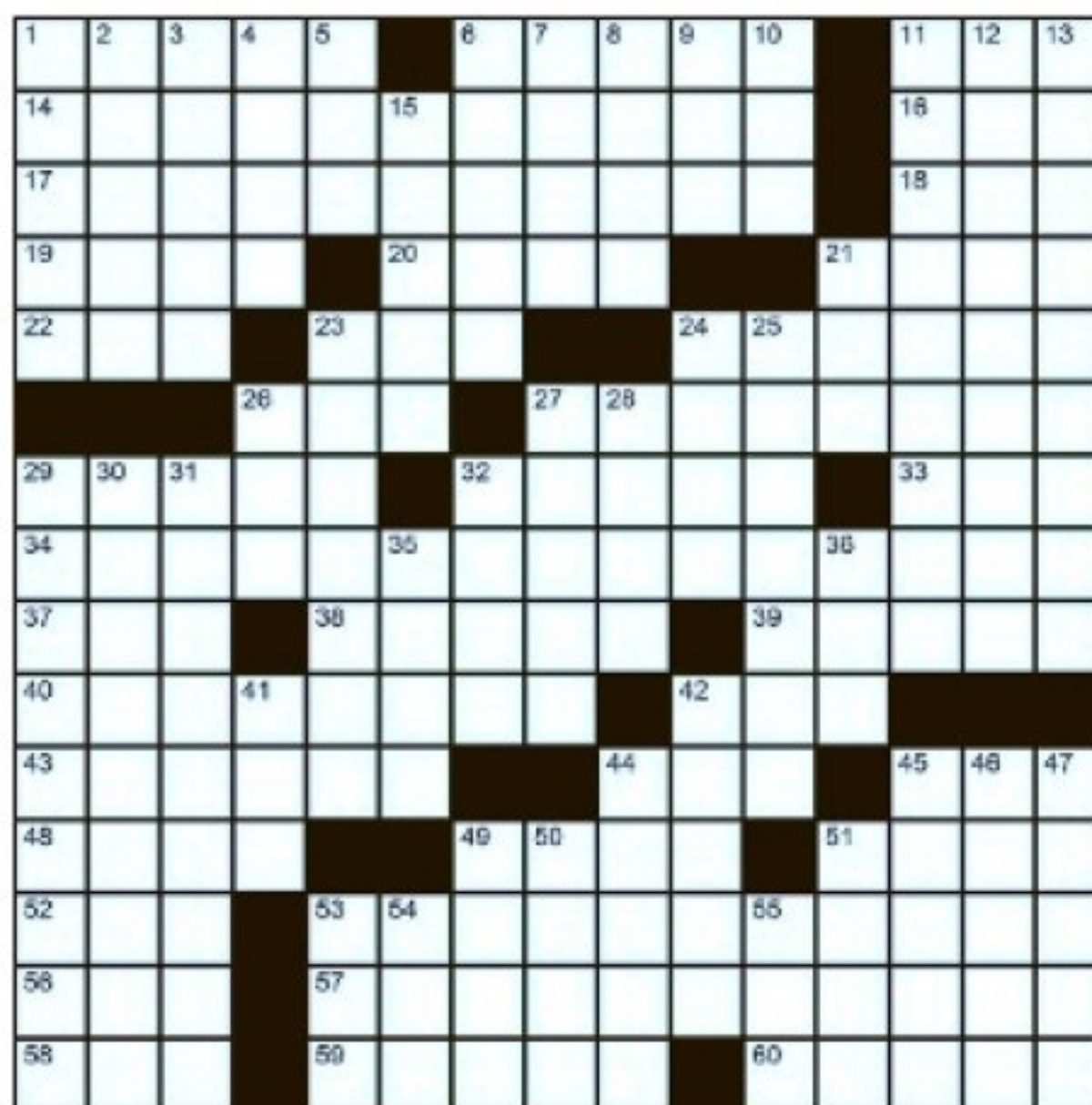
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Contrue
6. Bloodhound's "bait"
11. Mil. rank
14. Five star accom-
modation: 2 wds.
16. The Altar con-
stellation
17. Sobey's private
food brand
18. Name: French
19. "Misty" bit: "...
_ helpless as a kit-
ten up a tree..."
20. Hawaiian coffee
21. Free pass,
fun-style
22. Canada's money
[abbr.]
23. Vintage auto
24. Aphrodite's beau
26. Diced tomatoes
= Tomatoes en _
27. Reprimand
29. _ salts
32. "Wide World
of Sports" hosting
legend Jim
33. Aunt, in Italy
34. Camelot, Sir Lan-
celot and a whole lot
more: 2 wds.
37. View
38. Upbeat dance,
_ Hop
39. Prod
40. They say it's just
these Sgt. Joe Friday is
interested in: 2 wds.
42. Heavy wts.
43. Emulate: 2 wds.
44. 17th letter
spelling
45. Nova Scotia hrs.
48. South Da-
kota dam
49. Egg warmers



51. Texter's "The
way I see it..."
52. Driver's 4x4,
commonly
53. Ryan Gosling,
when he co-starred
with Britney, Chris-
tina and Justin
56. PBS fund-

- ing org.
57. 1970s cowboy
decorations
58. Stuck keyboard
letter here
59. Locales
60. "There is no _
_ what we can do
together." - Paul

McCartney

DOWN

1. Charlton Hes-
ton/Sophia Loren
movie: 2 wds.
2. Il _ (Cathedral in
Florence, Italy)
3. Maya archaeo-

- logical site in Mexican
state Yucatan
4. Baking amounts
5. Schubert's The
_ King
6. Li'l Abner crea-
ture
7. Filmmakers Joel
or Ethan

8. Sicily volcano
9. Earnings
10. Motley Crue
drummer ...his
initials-shares
11. Sainted
12. Favourable
13. Wild house
party "hat"
15. "Frightful!"
21. Debating side
23. Dan Aykroyd's char-
acter Beldar is from
what planet?
24. Lawyer Ms.
Clooney
25. Woman who
has gained respect
in her field
26. Play- _
27. Mil. schools
28. Lettered label
29. Headed for The
Maritimes
30. Warmed the oven
beforehand
31. British Col-
umbia: Migratory
rainbow/trout
32. Certain candy
35. Pasta alternative
36. Mr. Van Sant
41. "Yuck!"
42. Elephant
weapons
44. Body bendees
45. Rectify
46. Paper piece
47. Body
49. Eight: French
50. Anglo-Sax-
on toiler
51. Triumph's "Lay
_ _ the Line"
53. Married title
54. " _ _ get it
now!" (Aha!)
55. French season

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You have learned a lot in recent weeks and now you must start to apply it, even if it means the kind of upheavals you usually try to avoid.

Taurus April 21 - May 21
Look for compromise solutions, instead of making more enemies. The planets warn if you insist on getting your own way it will cause unnecessary ill feeling and more problems than it manages to solve.

Gemini May 22 - June 21
Some people talk for the sake of talking but you're not one of them, are you? Cut short meaningless gossip and focus only on what is of genuine importance. Don't worry if you hurt others' feelings.

Cancer June 22 - July 23
What happens next should ease your money troubles. Your luck is about to turn but make sure you are the one who gets the benefits.

Leo July 24 - Aug. 23
You'll learn something today that will help you make sense of what up until now has seemed largely irrational. For best results, be open to new possibilities and believe that there is meaning behind everything.

Virgo Aug. 24 - Sept. 23
Face up to aspects of your personal-
ity that you usually keep well hidden,
even from yourself. Be honest with
yourself about some of your more
negative thoughts — then find ways
to transform them into positives.

Libra Sept. 24 - Oct. 23
If you don't like the situation you find yourself in then change it. You are not now, nor have you ever been, a victim, so stop complaining that life is unfair and do something about it.

Scorpio Oct. 24 - Nov. 22
The choices you make over the next 48 hours will be crucial as far as your work is concerned, so think and then act. Decide what your number one priority is and focus on that.

Sagittarius Nov. 23 - Dec. 21
If you do nothing else today at least aim high, both at home and at work, because there is no limit to how much can be accomplished. A little bit of self-belief will go a long way. Think how far a lot might take you!

Capricorn Dec. 22 - Jan. 20
Get your cashflow situation in order. With Venus moving in your favour it shouldn't be hard. If you need help, don't be afraid to ask for it. You won't be refused.

Aquarius Jan. 21 - Feb. 19
A dispute will break out today but you have been through this before, so don't worry. The situation may be different but the emotions are the same. That's good: it means you won't make the same mistakes twice.

Pisces Feb. 20 - March 20
Let where you are going, rather than where you are coming from, be your guide. The choices you make will influence your life for months to come, so make them wisely.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	2		8					
	7			9				3
						9		
		1	2					4
6		2		4		5		9
9					1	2		
		8						
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					2		7	

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7	2	6	3	8	9	4	1	5
9	3	5	1	4	6	2	7	8
4	1	8	5	7	2	6	9	3
6	9	2	8	1	5	3	4	7
3	8	4	6	9	7	5	2	1
1	5	7	2	3	4	8	6	9
8	6	9	7	2	3	1	5	4
2	4	3	9	5	1	7	8	6
5	7	1	4	6	8	9	3	2

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